

# **COMPETENCY STANDARD**

# Caregiving For Persons with Special Needs

Level: 03

(Informal Sector)

Competency Standard Code: CS-IS-CPSN-L3-EN-V1



National Skills Development Authority
Prime Minister's Office
Government of the People's Republic of
Bangladesh

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This Competency Standard for Caregiving for Persons with Special Needs is a document for developing curricula, teaching, and learning materials, and assessment tools. It also serves as the document for providing training consistent with the requirements of the industry in order to meet the qualification of individuals who graduated through the established standard via competency-based assessment for a relevant job.

This document has been developed by NSDA in association with Informal Sector, industry representatives, academia, related specialists, trainers, and related employees.

Public, and private institutions may use the information contained in this standard for activities benefitting Bangladesh.

#### Introduction

The NSDA aims to enhance an individual's employability by certifying completeness with skills. NSDA works to expand the skilling capacity of identified public, and private training providers qualitatively, and quantitatively. It also aims to establish, and operationalise a responsive skills ecosystem, and delivery mechanism through a well-defined set of mechanisms, and necessary technical supports.

NSDA has targeted key priority economic growth sectors identified by the government to improve current job skills, and the existing workforce to ensure required skills to industry standards. Training providers are encouraged, and supported to work with the industry to address identified skills, and knowledge to enable industry growth, and increased employment through the provision of the market-responsive, inclusive skills training programme. "Caregiving For Persons with Special Needs" Level-3 is selected as one of the priority occupations of Informal Sector. This standard is developed to adopt a demand driven approach to training with effective inputs from Industry Skills Councils (ISC's), employer associations, and employers.

Generally, a competency standard informs Curriculum, learning materials, assessment, and certification of trainees enrolled in Skills Training. Trainees who successfully pass the assessment will receive a qualification in the National Skills Qualification Framework (NSQF) under Bangladesh National Qualification Framework, and be listed on the NSDA's online portal.

This competency standard is developed to improve skills, and knowledge in accordance with the job roles, duties, and tasks of the occupation, and ensure that the required skills, and knowledge are aligned to industry requirements. A series of stakeholder consultations, workshops were held to develop this document.

The document also details the format, sequencing, wording, and layout of the Competency Standard for an occupation which is comprised of units of competence, and its corresponding elements.

#### **Overview**

A competency standard is a written specification of the knowledge, skills, and attitudes required for the performance of an occupation, trade or job corresponding to the industry standard of performance required in the workplace.

The purpose of a competency standards is to:

- provide a consistent, and reliable set of components for training, recognising, and assessing people's skills, and may also have optional support materials
- enable industry recognised qualifications to be awarded through direct assessment of workplace competencies
- encourage the development, and delivery of flexible training which suits individual, and industry requirements
- encourage learning, and assessment in a work-related environment which leads to verifiable workplace outcomes

Competency standards are developed by a working group comprised of representative from NSDA, key Institutions, ISC, and industry experts to identify the competencies required of an occupation in informal sector.

Competency standards describe the skills, knowledge, and attitude needed to perform effectively in the workplace. CS acknowledge that people can achieve technical, and vocational competency in many ways by emphasizing what the learner can do, not how or where they learned to do it.

With competency standards, training, and assessment may be conducted at the workplace or at training institute or any combination of these.

Competency standards consist of a number of units of competency. A unit of competency describes a distinct work activity that would normally be undertaken by one person in accordance with industry standards.

Units of competency are documented in a standard format that comprises of:

- unit title
- nominal duration
- unit code
- unit descriptor

- elements, and performance criteria
- variables, and range statement
- curricular content guide
- assessment evidence guides

Together, all the parts of a unit of competency:

- describe a work activity
- guide the assessor to determine whether the candidate is competent or not yet competent. The ensuing sections of this document comprise of a description of the relevant occupation, trade or job with all the key components of a unit of competency, including:
  - a chart with an overview of all Units of Competency for the relevant occupation, trade or job including the Unit Codes, and the Unit of Competency titles, and corresponding Elements
  - the Competency Standard that includes the Unit of Competency, Unit Descriptor, Elements, and Performance Criteria, Range of Variables, Curricular Content Guide, and Assessment Evidence Guide.

Level & Job Classification	Knowledge Domain	Skills Domain	Responsibility Domain
6-Mid-Level Manager	Comprehensive actual, and theoretical knowledge within a specific work or study area with an awareness of the validity, and limits of that knowledge, able to analyse, compare, relate, and evaluate.	Specialised, and wider range of cognitive, and practical skills required to provide leadership in the development of creative solutions to defined problems. Communicate professional issues, and solutions to the team, and to external partners/users.	Work under broad guidance, and self-motivation to execute strategic, and operational plan/s. Lead lower-level management. Diagnose, and resolve problems within, and among work groups.
5-Supervisor	Broad knowledge of the underlying, concepts, principles, and processes in a specific work or study area, able to scrutinize, and break information into parts by identifying motives or causes.	Broad range of cognitive, and practical skills required to generate solutions to specific problems in one or more work or study areas. Communicate practice-related problems, and possible solutions to external partners.	Work under guidance of management, and self-direction to resolve specific issues. Lead, and take responsibility for the work, and actions of group/team members. Bridge between management.
4-Highly Skilled Worker	Broader knowledge of the underlying, concepts, principles, and processes in a specific work or study area, able to solve problems to new situations by comparing, and applying acquired knowledge.	A range of cognitive, and practical skills required to accomplish tasks, and solve problems by selecting, and applying the full range of methods, tools, materials, and information. Communicate using technical terminology, and IT technology with partners, and users as per workplace requirements.	Work under minimal supervision in specific contexts in response to workplace requirements. Resolve technical issues in response to workplace requirements, and lead/guide a team/ group.
3-Skilled Worker	Moderately broad knowledge in a specific work or study area, able to perceive ideas, and abstract from drawing, and design according to workplace requirements.	Basic cognitive, and practical skills required to use relevant information in order to carry out tasks, and to solve routine problems using simple rules, and tools. Communicate with his team, and limited external partners upholding the values, nature, and culture of the workplace	Work or study under supervision with considerable autonomy. Participate in teams, and responsible for group coordination.
2-Semi Skilled Worker	Basic understanding of underpinning knowledge in a specific work or study area, able to interpret, and apply common occupational terms, and instructions.	Skills required to carry out simple tasks, communicate with his team in the workplace presenting, and discussing results of his work with required clarity.	Work or study under supervision in a structured context with limited scope of manipulation
1 –Basic Skilled Worker	Elementary understanding of ability to interpret the underpinning knowledge in a specific study area, able to interpret common occupational terms, and instructions.	Specific Basic skills required to carry out simple tasks. Interpret occupational terms, and present the results of own work within guided work environment/under supervision.	Work under direct supervision in a structured context with limited range of responsibilities.

# **List of Abbreviations**

General	
NSDA	National Skills Development Authority
ISC	Industry Skills Council
NSQF	National Skills Qualifications Framework
BNQF	Bangladesh National Qualification Framework
PPP	Public Private Partnership
SCVC	Standards, and Curriculum Validation Committee
STP	Skills Training Provider
UoC	Unit of Competency
KSA	Knowledge, Skills, and Attitudes
Occupation Sp	pecific
PPE	Personal protective equipment
OSH	Occupational Safety, and Health
BMI	Body Mass Index
IT	Information Technology
COVID	Coronavirus disease
ASD	Autism spectrum disorder
BP	Blood Pressure
CPR	Cardiopulmonary resuscitation
ADL	Activities Of Daily Living

## **Approval of Competency Standard:**

# Approved by

7<sup>th</sup> Executive Committee (EC) Meeting of NSDA Held on 6<sup>th</sup> September 2021

Deputy Director (Admin)

and

Officer of Secretarial Duties for EC Meeting

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# Competency Standards for National Skill Certificate, Level-3 in Caregiving For Persons with Special Needs in the Informal Sector

## **Course Structure**

SL	Unit Code and Title			Nominal Hours
Generi	<b>Generic Competencies</b>			60
1.	GU009L3V1	Practice Negotiation Skills	3	20
2.	GU010L3V1	Demonstrate Work Value	3	20
3.	GU011L4V1	Lead Small Team	4	20
Sector	Specific Competencie	S		40
4.	SUIS004L3V1 Interpret Mental Retardation & Autism Spectrum Disorders Associated Problems		3	40
Occupation Specific Competencies				200
5.	OUISCPSN01L3V1	Perform Social and Recreational Supports to The Client	2	60
6.	OUISCPSN02L3V1 Provide Care and Support to People with Special Needs		2	70
7.	OUISCPSN03L3V1 Provide Support During (Antenatal) Pregnancy, Postnatal (After Delivery) and Neonatal Period		2	70
Total Nominal Learning Hours				300

## **Units & Elements at a Glance:**

# **Generic Competencies (60Hours)**

Code	Unit of Competency	Elements of Competency	Duration (Hours)
GU009L3V1	Practice Negotiation Skills	<ol> <li>Plan negotiations</li> <li>Participate in negotiations</li> </ol>	20
GU010L3V1	Demonstrate Work Value	<ol> <li>Define the purpose of work</li> <li>Apply work values / ethics</li> <li>Deal with ethical problems</li> <li>Maintain integrity of conduct in the workplace</li> </ol>	20
GU011L4V1	Lead Small Team	<ol> <li>Provide team leadership</li> <li>Assign responsibilities</li> <li>Set performance expectations for team members</li> <li>Supervise team performance</li> </ol>	20
		Total Hour	60

# **Sector Specific Competencies (40 Hours)**

Code	Unit of Competency	Elements of Competency	Duration (Hours)
SUIS004L3V1	Interpret mental retardation & autism spectrum disorders associated problems	<ol> <li>Interpret autism spectrum disorder (ASD)</li> <li>Recognize ASD in Child</li> <li>Recognize ASD in Adult</li> <li>Follow treatment suggestions for ASD in adults.</li> </ol>	40
		Total Hours	40

# **Occupation Specific Competencies (200 Hours)**

Code	Unit of Competency	<b>Elements of Competency</b>	Hours
OUISCPSN01L3V1	Perform social and recreational supports to the client	<ol> <li>Counsel and motivate clients for social activities</li> <li>Assist client with reading and writing</li> <li>Assist clients to visit different places</li> <li>Provide recreational supports to the clients</li> </ol>	60
OUISCPSN02L3V1	Provide care and support to people with special needs	<ol> <li>Maintain relationship to people with special needs</li> <li>Provide support to people with special needs</li> <li>Assist in maintaining well-being of people with special needs</li> <li>Assist people with special needs</li> <li>Provide end of life special support</li> </ol>	70
OUISCPSN03L3V1	Provide support during (antenatal) pregnancy, postnatal (after delivery) and neonatal period	<ol> <li>Provide pregnancy care</li> <li>Assist during delivery</li> <li>Support in breast feeding</li> <li>Support in maternity care</li> <li>Neonatal Care</li> <li>Manage the cases of violence during pregnancy.</li> </ol>	70
		Total Hours	200

# **Generic Competencies**

<b>Unit Code and Title</b>	GU09L3V1: Practice Negotiation Skills		
Nominal Hours	20 Hours		
Unit Descriptor	This unit covers the knowledge, skills and attitudes required to practice negotiation skills. It specifically includes – planning negotiations and participating in negotiations.		
Elements of Competency	Performance Criteria Bold & Underlined terms are elaborated in the Range of Variables Training Components		
Plan negotiations     Participate in	<ol> <li>Information on preparing for negotiation us identified and included in the plan.</li> <li>Information on creating non-verbal environments for positive negotiating is identified and included in the plan.</li> <li>Information on active listening is identified and included in the plan.</li> <li>Information on different questioning techniques is identified and included in the plan.</li> <li>Information is checked to ensure it is correct and up-to-date.</li> <li>Criteria for successful outcome are agreed upon by all parties.</li> <li>Desired outcome of all parties is considered.</li> <li>Appropriate language is used throughout the negotiation.</li> <li>A variety of questioning techniques are used.</li> </ol>		
negotiations	<ol> <li>The issues and processes are documented and agreed upon by all parties.</li> <li>Possible solutions are discussed and their viability assessed.</li> <li>Areas for agreement are confirmed and recorded.</li> <li>Follow-up action is agreed upon by all parties.</li> </ol>		
Range of Variables			
Variable	Range (May include but not limited to)		
Preparing for negotiation	<ul> <li>1.1 Background information on other parties to the negotiation</li> <li>1.2 Good understanding of topic to be negotiated</li> <li>1.3 Clear understanding of desired outcome/s</li> <li>1.4 Personal attributes <ul> <li>1.4.1 Self esteem</li> <li>1.4.2 Self esteem</li> <li>1.4.3 Objectivity</li> <li>1.4.4 Empathy</li> <li>1.4.5 Respect for others</li> </ul> </li> <li>1.5 Interpersonal skills <ul> <li>1.5.1 Listening / reflecting</li> <li>1.5.2 Non-verbal communication</li> <li>1.5.3 Assertiveness</li> </ul> </li> </ul>		

		1.5.4 Behavior labeling	
		1.5.5 Testing understanding	
		1.5.6 Seeking information	
		1.5.7 Self-disclosure	
	1.6	Analytic skills	
		1.6.1 Observing differences between content and process	
		1.6.2 Identifying bargaining information	
		1.6.3 Applying strategies to manage process	
		1.6.4 Applying steps in negotiating process	
		1.6.5 Strategies to manage conflict	
		1.6.6 Steps in negotiating process	
	1.7	Options within organization and externally for resolving	
		conflict	
	2.1	2.1 Friendly reception	
2. Non-verbal	2.2	Warm and welcoming room	
environments	2.3	Refreshments offered	
	2.4	Lead in conversation before negotiation begins	
	3.1	Attentive	
	3.2	Don't interrupt	
3. Active listening	3.3	Good posture	
	3.4	<u>.</u>	
	3.5	Reflective listening	
	4.1	Direct	
4. Questioning techniques	4.2	Indirect	
_	4.3	Human Open-ended	
Evidence Cuide	•	•	

#### **Evidence Guide**

The evidence must be authentic, valid, sufficient, reliable, consistent and recent and meet the requirements of the current version of the Unit of Competency.

	Assessment required evidences that the candidate:		
1. Critical aspects of	1.1 demonstrated sufficient knowledge of the factors		
competency	influencing negotiation to achieve agreed outcome.		
Competency	1.2 participated in negotiation with at least one person to		
	achieve an agreed outcome.		
	2.1 Codes of practice and guidelines for the organization.		
	2.2 Organization policy and procedures for negotiations.		
	2.3 Decision making and conflict resolution strategies		
2. Underpinning	procedures.		
knowledge	2.4 Problem solving strategies on how to deal with unexpected		
_	questions and attitudes during negotiation.		
	2.5 Flexibility.		
	2.6 Empathy.		
	3.1 Interpersonal skills to develop rapport with other parties.		
2 Hadaminaina abill	3.2 Communication skills (verbal and listening).		
3. Underpinning skill	3.3 Observation skills.		
	3.4 Negotiation skills.		
	4.1 Commitment to occupational health and safety		
4. Required attitude	4.2 Environmental concerns		
1	4.3 Eagerness to learn		

	4.5 I	Fidiness and timeliness Respect for rights of peers and seniors in workplace Communication with peers and seniors in workplace
		ollowing resources MUST be provided:
5. Resource implication	5.1	Workplace (actual or simulated).
	5.2	Human resources (negotiators).
	6.1	Demonstration
6. Methods of assessment	6.2	Oral questioning
	6.3	Written test
	7.1	Competency assessment must be done in a training center
7. Context of assessment		or in an actual or simulated work place after Completion
7. Context of assessment		of the training module.
	7.2	Assessment should be done by a certified assessor

Unit code and Title	GU010L3V1: Demonstrate Work Values		
Nominal Hours	20 Hours		
Unit Descriptor	This unit covers the knowledge, skills and attitudes required to demonstrate work values. It specifically includes – define the purpose of work; apply work values / ethics; deal with ethical problems; and maintain integrity of conduct in the workplace.		
<b>Elements of Competency</b>	Performance Criteria Bold & Underlined terms are elaborated in the Range of Variables Training Components		
Define the purpose of work	<ul> <li>One's unique sense of purpose for working and the why's of work are identified, reflected on and clearly defined for one's development as a person and as a member of society.</li> <li>Personal mission is in harmony with industry values are defined.</li> </ul>		
2. Apply work values / ethics	<ul> <li>2.1 Work values / ethics / concepts are classified and reaffirmed in accordance with the transparent industry ethical standards, policies and guidelines.</li> <li>2.2 Work practices are undertaken in compliance with industry work ethical standards, industry policy and guidelines.</li> <li>2.3 Personal behavior and relationships with co-workers are maintained as per standards, policy and guidelines.</li> <li>2.4 Company resources are used in accordance with transparent company ethical standard, policies and guidelines.</li> </ul>		
3. Deal with ethical problems	<ul> <li>3.1 industry ethical standard, organizational policy and guidelines on the prevention and reporting of unethical conduct are accessed and applied in accordance with transparent company ethical standard, policies and guidelines.</li> <li>3.2 Work incidents / situations are reported and/or resolved in accordance with company protocol / guidelines.</li> <li>3.3 Resolution and / or referral of ethical problems identified are used as learning opportunities.</li> </ul>		
Maintain integrity of conduct in the workplace	<ul> <li>4.1 Personal work practices and values are demonstrated consistently with acceptable ethical conduct and company's core values.</li> <li>4.2 <u>Instructions</u> to co-workers are provided based on ethical, lawful and reasonable directives.</li> <li>4.3 Company values / practices are shares with co-workers using appropriate behavior and language.</li> </ul>		
Range of Variables			
Variable	Range (may include but not limited to):		

	1.1	Commitment / Dedication
	1.2	Sense of urgency
	1.3	Sense of purpose
	1.4	Love for work
	1.5	High motivation
	1.6	Orderliness
	1.7	Reliability
	1.8	Competence
1 337 1 1 / /1: /	1.9	Dependability
1. Work values / ethics /		Goal-oriented
concepts		Sense of responsibility
		Being knowledgeable
		Loyalty to work/company
		Sensitivity to others
		Compassion/Caring attitude
		Balancing between family and work
		Benjamin spirit/teamwork
	1.18	Sense of nationalism
		Gender awareness
	2.1	Quality of work
	2.2	Punctuality
	2.3	Efficiency
	2.4	Effectiveness
	2.5	Productivity
2. Work practices	2.6	Resourcefulness
	2.7	Innovativeness / Creativity
	2.8	Cost consciousness
	2.9	5S
		Attention to details
	3.1	Consumable materials
	3.2	Equipment / Machineries
3. Company resources	3.3	Human
3. Company resources	3.4	Time
	3.5	Financial resources
	4.1	Violent / intense dispute or argument
	4.2	Gambling
	4.3	Use of prohibited substances
	4.4	Pilferages
	4.5	Damage to person or property
4. Incidents / situations	4.6	Vandalism
	4.7	Falsification
	4.8	Bribery
	4.9	Sexual Harassment
	4.10	Blackmail
	5.1	Verbal
5. Instructions	5.1	Written
	3.2	WITHOU

#### **Evidence Guide**

The evidence must be authentic, valid, sufficient, reliable, consistent and recent and meet the requirements of the current version of the Unit of Competency

	Asses	sment required evidence that the candidate:
1. Critical Aspects of Competency	1.1 1.2 1.3 1.4 1.5 1.6	defined one's unique sense of purpose for working clarified and affirmed work values / ethics / concepts consistently in the workplace demonstrated work practices satisfactorily and consistently in compliance with industry work ethical standards, organizational policy and guidelines demonstrated personal behavior and relationships with coworkers and / or clients consistent with ethical standards policy and guidelines used company resources in accordance with company ethical standard, policies and guidelines followed company ethical standards, organizational policy and guidelines on the prevention and reporting of unethical conduct / behavior demonstrated sufficient knowledge of the factors influencing negotiation to achieve agreed outcome participated in perotiation with at least one person to
	1.8	participated in negotiation with at least one person to achieve an agreed outcome.
2. Underpinning Knowledge	2.11 2.12 2.13	Occupational safety and health. Work values and ethics. Company performance and ethical standards. Company policies and guidelines. Fundamental rights at work including gender5sensitivity. Work responsibilities / job functions. Corporate social responsibilities. Company code of conduct / values. Balancing work and family responsibilities. Codes of practice and guidelines for the organization. Organization policy and procedures for negotiations. Decision making and conflict resolution strategies procedures. Problem solving strategies on how to deal with unexpected questions and attitudes during negotiation.
3. Underpinning Skills	3.1 3.2 3.3 3.4 3.5 3.6	Developing interpersonal skills to strengthen rapport with other parties.  Communicating with others (verbal and listening).  Self-awareness, understanding and acceptance.  Applying good manners and right conduct.  Observation skills.  Negotiation skills.
4. Underpinning Attitude	4.1 4.2 4.3 4.4 4.5 4.6	Commitment to occupational health and safety Promptness in carrying out activities Sincere and honest to duties Environmental concerns Eagerness to learn Tidiness and timeliness

	4.7	Respect for rights of peers and seniors in workplace
	4.8	Communication with peers, sub-ordinates and seniors in
		workplace
	The	following resources must be provided:
5. Resource Implications	5.1	Tools, equipment and physical facilities appropriate to perform activities
	5.2	Materials, consumables to perform activities
	6.1	Written Test
6. Methods of	6.2	Demonstration
Assessment	6.3	Oral Questioning
	6.4	Portfolio
	7.1	Competency assessment must be done in NSDA Accredited
7. Context of Assessment		Assessment center
7. Context of Assessment	7.2	Assessment should be done by NSDA certified/ nominated
		assessor

Uni	it Code and Title	GU011L4V1: Lead Small Team		
Unit Descriptor		This unit covers the knowledge, skills and attitudes required to lead small team. It specifically includes – provide team leadership; assign responsibilities; set performance expectations for team members; and supervised team performance.		
Non	ninal Hours	20 Hours		
<b>Elements of Competency</b>		Performance Criteria  Bold & Underlined terms are elaborated in the Range of Variables		
1.	Provide team leadership	<ul> <li>1.1 Work requirements are identified and presented to team members</li> <li>1.2 Reasons for instructions and requirements are communicated to team members</li> <li>1.3 Team members' queries and concerns are recognized, discussed and dealt with</li> </ul>		
2.	Assign responsibilities	<ul> <li>2.1 Duties, and responsibilities are allocated having regard to the skills, knowledge and attitudes required to properly undertake the assigned task</li> <li>2.2 Duties are allocated having regard to individual preference, domestic and personal considerations, whenever possible</li> </ul>		
3.	Set performance expectations for team members	<ul> <li>3.1 Performance expectations are established based on client needs and according to assignment requirements</li> <li>3.2 Performance expectations are based on individual team members' duties and area of responsibility</li> <li>3.3 Performance expectations are discussed and directed to implement in the workplace</li> </ul>		
4.	Supervise team performance	<ul> <li>4.1 Monitoring of performance are taken place against defined performance criteria and / or assignment instructions and corrective action taken if required</li> <li>4.2 Team members are provided feedback, positive support and advice on strategies to overcome any deficiencies</li> <li>4.3 Performance issues which cannot be rectified or addressed within the team are referenced to appropriate personnel</li> <li>4.4 Team members are kept informed of any changes in the priority allocated to assignments or tasks which might impact on clients' / customers' needs and satisfaction</li> </ul>		

		Т			
		4.5	Team operations are monitored to ensure that employer /		
			client needs and requirements are met		
		4.6	Follow-up communication is provided on all issues		
			affecting the team		
		4.7	All relevant documentation is completed		
Ra	ange of Variables				
Va	Variable		Range (may include but are not limited to):		
1	Work requirements	1.1	Client Profile		
1.	Work requirements	1.2	Assignment instructions		
2.	Team member's	2.1	Roster		
	queries and concerns	2.2	Shift details		
3.	Monitoring of	3.1	Formal process		
	performance	3.2	Informal process		
	F				
4	T414-	4.1	Formal process		
4.	Feedback	4.2	Informal process		
		4.3	Sandwich process		
		5.1	Work output		
_	Performance issues	5.2	Work quality		
5.		5.3	Team participation		
		5.4	Compliance with workplace protocols		
		5.5	Safety		
		5.6	Customer service		
Evidence Guide					
			, valid, sufficient, reliable, consistent, recent and meet all of the Unit of Competency.		
100	quirements of eutrent ver	1.1	Maintained or improved individuals and / or team		
			performance given a variety of possible scenario		
		1.2	Assessed and monitored team and individual performance		
			against set criteria		
		1.3	Represented concerns of a team and individual to next		
			level of management or appropriate specialist and to		
1.	Critical aspects of		negotiate on their behalf		
	competency	1.4	Allocated duties and responsibilities, having regard to		
			individual's knowledge, skills and attitude and the needs		
			of the tasks to be performed		
		1.5	Set and communicated performance expectations for a		
		1.5	range of tasks and duties within the team and provided		
			feedback to team members		
			reducer to team memoers		

		2.1	Company policies and procedures
		2.2	Relevant legal requirements
2.	Underpinning	2.3	How performance expectations are set
	knowledge	2.4	Methods of Monitoring Performance
	-	2.5	Client expectations
		2.6	Team members' duties and responsibilities
		3.1	Informal performance counselling skills
3.	Underpinning skills	3.2	Team building skills
	Chacipining skins	3.3	Negotiating skills
		4.1	Commitment to occupational health and safety
		4.2	Promptness in carrying out activities
		4.3	Sincere and honest to duties
		4.4	Environmental concerns
4.	Required attitudes	4.5	Eagerness to learn
		4.6	Tidiness and timeliness
		4.7	Respect for rights of peers and seniors in workplace
		4.7	Communicate with peers and seniors in workplace
			ollowing resources must be provided:
		5.1	Workplace (actual or simulated)
		5.2	Tools, equipment and facilities appropriate to processes
		3.2	or activity
5.	Resource implications	5.3	Materials relevant to the proposed activity
],	Resource implications	5.4	Equipment and outfits appropriate in applying safety
		3.4	measures
		5.5	Relevant drawings, manuals, codes, standards and
		3.3	reference material
		Metho	ods of assessment may include but not limited to:
		6.1	Written test
6.	Methods of assessment	6.2	Demonstration
		6.3	Oral questioning
		6.4	Portfolio
	Context of assessment	7.1	Competency assessment must be done in a training
			centre or in an actual or simulated workplace after
7.			completion of the training module
		7.2	Assessment should be done by NSDA certified assessor

**Sector Specific Competencies** 

<b>Unit Code and Title</b>	SUIS004L3V1: Interpret mental retardation and autism spectrum disorders (ASD) associated problems		
Unit Descriptor	This unit covers the knowledge, skills and attitudes required to interpret mental retardation and autism spectrum disorders (ASD) associated problems. It specifically includes interpreting autism spectrum disorder (ASD), recognizing ASD in Child and adults, and following treatment suggestions for ASD in adults.		
Nominal Hours	40 Hours		
<b>Elements of competency</b>	Performance Criteria  Bold & underlined terms are elaborated in the Range of Variables		
Interpret autism     spectrum disorder     (ASD)	<ul> <li>1.1 ASD is defined.</li> <li>1.2 Sign and symptom of ASD are recognized.</li> <li>1.3 Causes of autism spectrum disorder are identified.</li> <li>1.4 Risk Factors of ASD are interpreted.</li> </ul>		
2. Recognize ASD in Child	<ul> <li>2.1 Development issues of a child are interpreted.</li> <li>2.2 Abnormal behaviors in a child are recognized.</li> <li>2.3 Presence of ASD sign in a child is reported to relevant authority.</li> <li>2.4 Preventive measures against ASD in a Child is taken as prescribed by experts.</li> <li>2.5 Treatment chart from expert is followed as per standard procedure.</li> </ul>		
3. Recognize ASD in Adult	<ul><li>3.1 ASD in adult is interpreted.</li><li>3.2 Signs and symptoms of ASD in adult are recognized.</li><li>3.3 Case of ASD in an adult is reported to relevant authority.</li></ul>		
4. Follow treatment suggestions for ASD in adults.	<ul> <li>4.1 Behavioral analysis (ABS) is applied following standard procedure.</li> <li>4.2 Prescribed Suggestions from expert is followed for assisting treatment.</li> <li>4.3 Client is assisted to follow suggested therapies.</li> <li>4.4 Client is assisted to promote awareness of ASD</li> </ul>		
Range of Variables			
Variable	Range (may include but not limited to):		
Sign & symptom of autism spectrum disorder	<ul> <li>1.1 Unable to concentrate</li> <li>1.2 Lack of eye contact</li> <li>1.3 Difficulty with communication</li> <li>1.4 Repetitive behaviors</li> </ul>		

		1.5	Fail to gain attention
		1.6	Miss matched expression, movement, gesture etc.
		2.1	Family history
2.	Causes of Autism	2.2	Genetic mutation
	Spectrum Disorder	2.3	Low birth weight
		2.4	Environmental effect
		2.5	History of viral infection
		3.1	Repetitive behaviors
3.	Abnormal behaviours in	3.2	Difficulty with sleeping
	a child	3.3	Eating non-food items
		3.4	Abnormal social behavior
		4.1	Educational intervention
4.	Preventive measures	4.2	Medical management
	against ASD in a Child	4.3	Family support
		4.4	Appropriate diet chart
		5.1	Be consistent
		5.2	Stick to a schedule
5.	Treatment chart from	5.3	Reward good behavior
٥.		5.4	Create a home safety zone
	expert	5.5	Nonverbal ways to communicate
		5.6	Make time for fun
		5.7	Pay attention to sensory sensitivities
		6.1	Occupational therapy
6.	Suggested therapies	6.2	Speech therapy
0.	Suggested therapies	6.3	Physical therapy
		6.4	Pharmacological therapy
		7.1	Embracing, respecting and supporting children with
			ASD
7.	Awareness of ASD	7.2	Importance of ASD awareness
		7.3	ASD Day and Month
		7.4	Building awareness among all.
Ev	vidence Guide	•	
The evidence must be authentic, valid, sufficient, reliable, consistent, recent and meet all			
	quirements of current versi		
		1.1	Recognized ASD in Child
1.	Critical aspect of competency		Recognized ASD in Adult
			Recognized ADD III Addit

1.3 Followed treatment suggestions for adults with ASD.

2.1 Sign & symptom of autism spectrum disorder

2.2 Causes of autism spectrum disorder

competency

2. Underpinning knowledge

	2.3 Risk factors of autism spectrum disorder
	2.4 Types of autism spectrum disorder
	2.5 Development Screening
	2.6 Repetitive behaviours
	2.7 Socialization of a ASD affected child
	2.8 Applied behavioural analysis (ABS)
3. Underpinning skills	<ul><li>3.1 Managing of ASD Client</li><li>3.2 Helping ASD clients by providing safety</li><li>3.3 Socializing of an ASD affected child</li><li>3.4 Reporting cases with ASD.</li></ul>
4. Required attitudes	<ul> <li>4.1 Commitment to occupational safety and health.</li> <li>4.2 Promptness in carrying out activities.</li> <li>4.3 Sincere and honest to duties.</li> <li>4.4 Eagerness to learn.</li> <li>4.5 Tidiness and timeliness.</li> <li>4.6 Environmental concerns.</li> <li>4.7 Communicate with peers and seniors in workplace.</li> <li>4.8 Respect for rights of peers and seniors in workplace.</li> </ul>
5. Resource implications	The following resources must be provided: 5.1 Workplace (actual or simulated) 5.2 Relevant standards and reference manual 5.3 Sample case study documents.
6. Methods of assessment	Methods of assessment may include but not limited to: 6.1 Written test 6.2 Demonstration 6.2 Oral questioning 6.4 Portfolio/Case study
7. Context of assessment	<ul> <li>7.1 Competency assessment must be done in NSDA accredited assessment centre.</li> <li>7.2 Assessment should be done by a NSDA certified/nominated assessor.</li> </ul>

**Occupation Specific Competencies** 

<b>Unit Code and Title</b>	OUISCPSN01L3V1: Perform social and recreational supports to the client
Unit Descriptor	This unit covers the knowledge, skills and attitudes required to perform social and recreational supports to the client. It includes motivating clients for social activities, assisting client with reading and writing, assisting client to visit different places and providing recreational supports to the clients.
Nominal Hours	60 Hours
Elements of Competency	Performance Criteria  Bold & italicized terms are elaborated in the Range of Variables
Counsel and Motivate clients for social activities	<ul> <li>1.1 Counseling is described</li> <li>1.2 Types of counseling are interpreted</li> <li>1.3 Methods of counseling are identified</li> <li>1.4 Types and methods of motivation are interpreted</li> <li>1.5 Needs for client and family member motivations are identified</li> <li>1.6 Client and family member are counseled and motivated</li> <li>1.7 Motivation for social activities is employed</li> </ul>
2. Assist client with reading and writing	<ul> <li>2.1 Needs of assistance for reading and writing are identified</li> <li>2.2 <u>Materials and tools</u> for reading and writing are selected</li> <li>2.3 Appropriate methods of reading and writing are applied</li> <li>2.4 Assistance with reading and writing is provided</li> </ul>
3. Assist clients to visit different places	<ul> <li>3.1 Needs and importance of visiting <u>different places</u> are identified</li> <li>3.2 Client is motivated and encouraged to visit different places</li> <li>3.3 <u>Mode of transportation</u> is identified and arranged</li> <li>3.4 Assistance is provided to visit places from and to home</li> </ul>
4. Provide recreational supports to the clients	<ul> <li>4.1 Needs of recreational support is identified</li> <li>4.2 <u>Types of recreational support</u> is identified and selected</li> <li>4.3 Assistant for recreational support to client is provided as required</li> </ul>
Range of Variables	
Variable	Range (may include but not limited to):
1. Types of counseling	1.1 Family counseling 1.1 Person-centered counseling
2. Methods of counselling	<ul><li>2.1 Family therapy</li><li>2.2 Humanistic therapy</li><li>2.3 Mindfulness</li><li>2.4 Person-centered therapy</li><li>2.5 Primal therapy</li></ul>

	3.1 Intrinsic motivation
3. Types and methods	3.2 Extrinsic motivation
	3.3 Reward-t based motivation or incentive motivation
	3.4 Fear based motivation
	3.5 Achievement based motivation
of motivation	3.6 Power based motivation
	3.7 Affiliation motivation
	3.8 Competence motivation
	3.9 Attitude motivation
	4.1 Sports and physical activities
4. Social activities	4.2 Cultural activities
4. Social activities	4.3 Community activities
	4.4 Religious activities
	5.1 Pen
	5.2 Paper
5. Materials and tools	5.3 Books
J. Materials and tools	5.4 Magazines
	5.5 Newspaper
	5.6 Documents
	6.1 Workplace
	6.2 Playground
	6.3 Shop
	6.4 Hospital
6. Different places	6.5 Doctors chamber
o. Different places	6.6 Bank
	6.7 Relatives house
	6.8 Program premises
	6.9 Movie theater
	6.10 Park/garden
	7.1 Rickshaws
	7.2 Buses
7. Mode of	7.3 Autorickshaws
transportation	7.4 Ride sharing
	7.5 Car
	7.6 Ambulance
8. Types of recreational support	8.1 Help in playing
	8.2 Help in listening to music
	8.3 Helps in writing
	8.4 Help in reading
	8.5 Browsing internet
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## **Evidence Guide**

The evidence must be authentic, valid, sufficient, reliable, consistent, recent and meet all requirements of current version of the Unit of Competency.

1. Critical aspect of	1.1 Assisted client with reading and writing
competency	1.2 Assisted clients to visit different places
	1.3 Provided recreational supports to the clients
	2.1 Social care and importance of recreational activities.
	2.2 Motivation techniques
	2.3 Different materials and tools to support and perform
2. Underpinning	recreational activities.
knowledge	2.4 Client's preference and choice.
	2.5 Social safety and security to move clients in varies
	places.
	2.6 Types or recreational support and possible assistance.
	3.1 Motivating clients.
	3.2 Managing emergency situation sporting and playing
3. Underpinning skills	eagerness
	3.3 Communicating clients and their family as well as office team.
	4.1 Commitment to occupational safety and health.
	4.2 Promptness in carrying out activities.
	4.3 Sincere and honest to duties.
4. Required attitudes	4.4 Eagerness to learn.
	4.5 Tidiness and timeliness.
	4.6 Environmental concerns.
	4.7 Respect for rights of peers and seniors at workplace.
	4.8 Communicate with peers and seniors at workplace.
	The following resources must be available:
	5.1 Workplace (actual or simulated)
	5.2 Required tools & equipment's, facilities and relevant
5. Resource implication	accessories
	5.3 Required teaching aids
	5.4 Learning materials.
	Methods of assessment may include but not limited to:
6. Methods of	6.1 Written test
assessment	6.2 Demonstration
	6.3 Oral questioning
	7.1 Competency assessment must be done in NSDA
7. Context of assessment	accredited assessment centre.
	7.2 Assessment should be done by a NSDA
	certified/nominated assessor.

Training Providers must be accredited by National Skills Development Authority (NSDA), the National Quality Assurance Body, or a body with delegated authority for quality assurance to conduct training and assessment against this unit of competency for credit towards the award of qualification under NSQF. Accredited providers assessing

against this unit of competency must meet the quality assurance requirements set by NSDA.

<b>Unit Code and Title</b>	OUISCPSN02L3V1: Provide care and support to people with special needs
	This unit covers the knowledge, skills and attitudes required to provide specialized care and support to people with special needs.
Unit Descriptor	It includes maintaining relationship with people having special care needs, providing support to people with special needs, assisting in maintaining well-being of people with special needs, assisting people with special needs, and providing end life special support.
Nominal Hours	70 Hours
Elements of Competency	Performance Criteria  Bold & underlined terms are elaborated in the Range of Variables
Maintain relationship     to people with special     needs	<ol> <li>Clients with special conditions that require specialized Caregiving services are identified.</li> <li>Personal need of the person with special need are identified and provided services as required.</li> <li>Confidentiality, privacy, individual choices and the right to decision making are considered for maintaining relationship.</li> <li>Dealings with people with special needs are aimed at generating a trusting relationship.</li> <li>Respect for individual differences is demonstrated in all dealings with people with special needs.</li> <li>Support for the interests, rights and decision making of people with special needs is ensured in all dealings.</li> <li>People with special needs are actively encouraged and supported to communicate ideas, feelings and preferences.</li> </ol>
2. Provide support to people with special needs	<ul> <li>2.1 Support to people with special needs is provided in accordance with their needs, rights and self-determination.</li> <li>2.2 Assistance is provided to people with disabilities according to the organizational guidelines.</li> <li>2.3 Information required by people with special needs are identified and provided.</li> <li>2.4 Reactions and limitations regarding differences are recognized.</li> <li>2.5 Best suited of assistance is sought to ensure that the rights of people with special needs are upheld.</li> </ul>

3. Assist in maintaining well-being of people with special needs	<ul> <li>3.1 People with special needs are provided with support in maintaining a clean, safe and comfortable environment.</li> <li>3.2 Situations of risk to health and safety are responded to in accordance with established and approved health and safety procedures.</li> <li>3.3 People with special needs are actively encouraged to practice self-expression.</li> <li>3.4 Rights and responsibilities of people with special needs are discussed with them professionally and in a non-threatening and non-critical ways.</li> </ul>
4. Assist people with special needs	<ul> <li>4.1 Types, frequency and triggers of challenging behaviors of a person with special needs are identified and assessed.</li> <li>4.2 Strategies for the prevention and management of challenging behavior/s are planned and implemented according to approved safety procedures.</li> <li>4.3 People with special needs are encouraged and supported to express self.</li> <li>4.4 Independent thinking by people with special needs are encouraged and supported.</li> <li>4.5 Strategies that would promote independence of people with special needs are developed and implemented.</li> </ul>
5. Provide end of life special support	<ul> <li>5.1 Client who needs end life special care is identified.</li> <li>5.2 Attitudes such as are adhered to and demonstrated towards the clients based on established procedure.</li> <li>5.3 Client's personal preference and psychological issues are identified in consultation with concern individual and care plan is designed based on established procedures.</li> <li>5.4 Use appropriate tools and equipment to give required support.</li> <li>5.5 Ensure quality care with empathy.</li> </ul>
Range of Variables	
Variable	Range (may include but not limited to):
Clients with special conditions/needs	<ul> <li>1.1 Autism</li> <li>1.2 Psychosocial</li> <li>1.3 Visual Impaired</li> <li>1.4 Speech Disability</li> <li>1.5 Intellectual Disability</li> <li>1.6 Hearing Disability</li> <li>1.7 Hearing-Visual Disability</li> <li>1.8 Cerebral Palsy</li> <li>1.9 Down Syndrome</li> <li>1.10 Multiple Disabilities</li> </ul>

	2.1 Physical Difference
	2.2 Mental Differences
	2.3 Difference in Intelligence
	2.4 Difference in Interests
	2.5 Difference in Attitudes
2. Individual differences	2.6 Difference in Aptitude
	2.7 Difference in Achievement
	2.8 Personality Difference
	2.9 Emotional Differences
	2.10 Social Differences
	2.11 Religious and Cultural Differences
2 D .: 1	3.1 Recognizing triggers and deflecting them
3. Prevention and	3.2 Using active listening and observation skills
management of	3.3 Ensuring effective communication
challenging behavior	3.4 Seeking expert assistance
4 E 11'C ' 1	4.1 Palliative care
4. End life special care	4.2 Hospice care
<b>Evidence Guide</b>	<u> </u>
The evidence must be auth	entic, valid, sufficient, reliable, consistent, recent and meet all
requirements of current ver	rsion of the Unit of Competency.
	1.1 Maintained relationship with people having special care
	needs
1 Cairiant and of	1.2 Provided support to people with special needs
1. Critical aspect of	1.3 Assisted in maintaining well-being of people with special
competency	needs
	1.4 Assisted people with special needs in maintaining an
	environment that enables maximum independent living
	2.1 Types of disabilities and their effects
	2.2 Religious, cultural, spiritual, physical, specific knowledge
	of:
	2.2.1 Alcohol and other drugs
	2.2.2 Cultural and linguistic diversity
	2.2.3 Risk of self-harm
2. Hadaminaina	2.2.4 Women
2. Underpinning	2.2.5 Men
knowledge	2.2.6 Community education
	2.2.7 Mental health
	2.3 Ways of communicating people with special needs.
	2.4 Legislative provision on the rights of people with
	disabilities.
	2.5 Physical, social, psychological, and cognitive development
	of human.

	2.6 Principles of empowerment/disempowerment in relation
	to people with special needs.
	2.7 Cultural factors affecting people with special needs
	requirements.
	2.8 End life special care.
	3.1 Demonstrating interpersonal skills appropriate to work
	with people with special needs.
3. Underpinning skills	3.2 Applying specialized oral communication skills (language
5. Chacipinning skins	skills) necessary to develop a trusting relationship with
	people with special needs.
	3.3 Negotiating to people with special need
	4.1 Commitment to occupational safety and health.
	4.2 Promptness in carrying out activities.
	4.3 Sincere and honest to duties.
4 D ' 1 44 1	4.4 Eagerness to learn.
4. Required attitudes	4.5 Tidiness and timeliness.
	4.6 Environmental concerns.
	4.7 Respect for rights of peers and seniors at workplace.
	4.8 Communicate with peers and seniors at workplace.
	The following resources must be available:
5 Description	5.1 Workplace (actual or simulated)
5. Resource implication	5.2 Facilities, equipment, supplies and materials relevant to
	the unit of competency.
	Methods of assessment may include but not limited to:
C Mada da ef	6.1 Written test
6. Methods of assessment	6.2 Demonstration
	6.3 Oral questioning
	6.4 Portfolio/case study
	7.1 Competency assessment must be done in NSDA
7. Context of assessment	accredited assessment centre.
	7.2 Assessment should be done by NSDA certified assessor.
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Unit Code and Title	OUISCPSN03L3V1: Provide support during antenatal (pregnancy), postnatal (after delivery) & neonatal period
Unit Descriptor	This unit covers the knowledge, skills and attitudes required to provide support during pregnancy, maternity and neonatal. It includes providing pregnancy care, assisting during delivery, supporting in breast feeding, supporting in maternity care, neonatal care, managing the cases of violence during pregnancy.
Nominal Hours	70 Hours
Elements of competency	Performance Criteria  Bold & underlined terms are elaborated in the Range of Variables
Provide pregnancy care	<ol> <li>1.1 The necessity of pregnancy care is explained.</li> <li>1.2 Pre-pregnancy risk is assessed.</li> <li>1.3 Pre-pregnancy preparation suggestions are followed.</li> <li>1.4 Ailment due to pregnancy is managed as doctors advised.</li> <li>1.5 Emergency situation during pregnancy is detected and taken care.</li> <li>1.6 Vaccination is ensured as prescribed.</li> </ol>
2. Assist during delivery	<ul> <li>2.1 Comfort a woman giving birth is ensured.</li> <li>2.2 <u>Assisted delivery procedures</u> are interpreted.</li> <li>2.3 <u>Newborn care</u> is assisted.</li> </ul>
3 Support in breast feeding	3.1 Breastfeeding is interpreted. 3.2 Breastfeeding position and latch are recognized. 3.3 Breastfeeding mother is supported during breastfeeding. 3.4 Breastfeeding difficulties are recognized and supported
4 Support in maternity care	<ul> <li>4.1 Maternity care is defined.</li> <li>4.2 The need of maternity care is explained.</li> <li>4.3 Client is assisted with maternity care.</li> <li>4.4 Contraceptive after delivery is promoted.</li> </ul>
5 Neonatal Care	<ul> <li>5.1 Neonatal care is explained.</li> <li>5.2 Need and levels of neonatal care are identified.</li> <li>5.3 Routine care of the newborn at birth is provided.</li> <li>5.4 Neonatal care is provided.</li> <li>5.5 Care for specific condition of newborn is assisted.</li> </ul>
6 Manage the cases of violence during pregnancy.	<ul> <li>6.1 <u>Types of Violence</u> are recognized.</li> <li>6.2 Counseling is provided to clients against violence.</li> <li>6.3 Violence cases are reported to respected authority as per standard procedure.</li> </ul>
Range of Variables	
Variable	Range (may include but not limited to):

1. Pre-pregnancy risk 1. Pre-pregnancy risk 1. Biodo pressure 1. A Blood pressure 2. I Make a plan and take action 2. 2 See your doctor 2.3 Take 400 micrograms of folic acid every day 2.4 Stop drinking alcohol, smoking, and using certain drugs 2.5 Avoid toxic substances and environmental contaminants 2.6 Reach and maintain a healthy weight 2.7 Get help for violence 2.8 Learn your family history 2.9 1.9 Get mentally healthy 3.1 Nausea 3.2 Vomiting 3.3 Acidity 3.4 Vertigo 3.5 Constipation 3.6 Headache 3.7 Backache 3.8 Edema 4.1 Vaginal bleeding 4.2 Severe nausea or vomiting 4.3 Decreased movements of the baby 4.4 Fever 4.5 Severe abdominal pain 4.6 Suspected ruptured membrane 4.7 Seizures 4.8 Shock  5. Assisted delivery procedures  6. Newborn care  6. Skin to skin contact 6.5 Initiating exclusive breastfeeding 6.6 Eye care 6.7 Vitamin K provision 8 Weighing		
1.6 Folic acid supplementation 2.1 Make a plan and take action 2.2 See your doctor 2.3 Take 400 micrograms of folic acid every day 2.4 Stop drinking alcohol, smoking, and using certain drugs 2.5 Avoid toxic substances and environmental contaminants 2.6 Reach and maintain a healthy weight 2.7 Get help for violence 2.8 Learn your family history 2.9 1.9 Get mentally healthy 3.1 Nausea 3.2 Vomiting 3.3 Acidity 3.4 Vertigo 3.5 Constipation 3.6 Headache 3.7 Backache 3.8 Edema 4.1 Vaginal bleeding 4.2 Severe nausea or vomiting 4.3 Decreased movements of the baby 4.4 Fever 4.5 Severe abdominal pain 4.6 Suspected ruptured membrane 4.7 Seizures 4.8 Shock  5. Assisted delivery procedures  6. Newborn care  7. Vitamin K provision 6. Weighing	Pre-pregnancy risk	1.3 Diabetes 1.4 Blood pressure
2.1 Make a plan and take action 2.2 See your doctor 2.3 Take 400 micrograms of folic acid every day 2.4 Stop drinking alcohol, smoking, and using certain drugs 2.5 Avoid toxic substances and environmental contaminants 2.6 Reach and maintain a healthy weight 2.7 Get help for violence 2.8 Learn your family history 2.9 1.9 Get mentally healthy 3.1 Nausea 3.2 Vomiting 3.3 Acidity 3.4 Vertigo 3.5 Constipation 3.6 Headache 3.7 Backache 3.8 Edema 4.1 Vaginal bleeding 4.2 Severe nausea or vomiting 4.3 Decreased movements of the baby 4.4 Fever 4.5 Severe abdominal pain 4.6 Suspected ruptured membrane 4.7 Seizures 4.8 Shock  5. Assisted delivery procedures  6. Newborn care 6. Vitamin K provision 6. Weighing		
2. Pre-pregnancy preparation 2. Pre-pregnancy preparation 2. Pre-pregnancy preparation 2. So void toxic substances and environmental contaminants 2.5 Avoid toxic substances and environmental contaminants 2.6 Reach and maintain a healthy weight 2.7 Get help for violence 2.8 Learn your family history 2.9 1.9 Get mentally healthy  3. Ailment		
2. Pre-pregnancy preparation  2. Pre-pregnancy preparation  2. A Stop drinking alcohol, smoking, and using certain drugs 2.5 Avoid toxic substances and environmental contaminants 2.6 Reach and maintain a healthy weight 2.7 Get help for violence 2.8 Learn your family history 2.9 1.9 Get mentally healthy  3. Naturea 3.2 Vomiting 3.3 Acidity 3.4 Vertigo 3.5 Constipation 3.6 Headache 3.7 Backache 3.8 Edema 4.1 Vaginal bleeding 4.2 Severe nausea or vomiting 4.3 Decreased movements of the baby 4.4 Fever 4.5 Severe abdominal pain 4.6 Suspected ruptured membrane 4.7 Seizures 4.8 Shock  5. Assisted delivery procedures  5. Assisted delivery procedures  6. Newborn care  6. Newborn care  6. Newborn care  6. Newborn care  7. Vitamin K provision 6.8 Weighing		
2. Pre-pregnancy preparation  2. Pre-pregnancy preparation  2. A Stop drinking alcohol, smoking, and using certain drugs 2.5 Avoid toxic substances and environmental contaminants 2.6 Reach and maintain a healthy weight 2.7 Get help for violence 2.8 Learn your family history 2.9 1.9 Get mentally healthy  3. Naturea 3.2 Vomiting 3.3 Acidity 3.4 Vertigo 3.5 Constipation 3.6 Headache 3.7 Backache 3.8 Edema 4.1 Vaginal bleeding 4.2 Severe nausea or vomiting 4.3 Decreased movements of the baby 4.4 Fever 4.5 Severe abdominal pain 4.6 Suspected ruptured membrane 4.7 Seizures 4.8 Shock  5. Assisted delivery procedures  5. Assisted delivery procedures  6. Newborn care  6. Newborn care  6. Newborn care  6. Newborn care  7. Vitamin K provision 6.8 Weighing		2.3 Take 400 micrograms of folic acid every day
2.5 Avoid toxic substances and environmental contaminants 2.6 Reach and maintain a healthy weight 2.7 Get help for violence 2.8 Learn your family history 2.9 1.9 Get mentally healthy  3.1 Nausea 3.2 Vomiting 3.3 Acidity 3.4 Vertigo 3.5 Constipation 3.6 Headache 3.7 Backache 3.8 Edema  4.1 Vaginal bleeding 4.2 Severe nausea or vomiting 4.3 Decreased movements of the baby 4.4 Fever 4.5 Severe abdominal pain 4.6 Suspected ruptured membrane 4.7 Seizures 4.8 Shock  5. Assisted delivery procedures  6.1 Drying and stimulating 6.2 Assessing breathing 6.3 Cord care 6.4 Skin to skin contact 6.5 Initiating exclusive breastfeeding 6.6 Eye care 6.7 Vitamin K provision 6.8 Weighing	2. D	
2.6 Reach and maintain a healthy weight 2.7 Get help for violence 2.8 Learn your family history 2.9 1.9 Get mentally healthy 3.1 Nausea 3.2 Vomiting 3.3 Acidity 3.4 Vertigo 3.5 Constipation 3.6 Headache 3.7 Backache 3.8 Edema 4.1 Vaginal bleeding 4.2 Severe nausea or vomiting 4.3 Decreased movements of the baby 4.4 Fever 4.5 Severe abdominal pain 4.6 Suspected ruptured membrane 4.7 Seizures 4.8 Shock  5. Assisted delivery procedures  6. Newborn care  6. Vitamin K provision 6. Weighing		2.5 Avoid toxic substances and environmental contaminants
2.8 Learn your family history 2.9 1.9 Get mentally healthy  3.1 Nausea 3.2 Vomiting 3.3 Acidity 3.4 Vertigo 3.5 Constipation 3.6 Headache 3.7 Backache 3.8 Edema  4.1 Vaginal bleeding 4.2 Severe nausea or vomiting 4.3 Decreased movements of the baby 4.4 Fever 4.5 Severe abdominal pain 4.6 Suspected ruptured membrane 4.7 Seizures 4.8 Shock  5. Assisted delivery procedures  5.1 Maternal vital sign 5.2 Fetal monitoring  6.1 Drying and stimulating 6.2 Assessing breathing 6.3 Cord care 6.4 Skin to skin contact 6.5 Initiating exclusive breastfeeding 6.6 Eye care 6.7 Vitamin K provision 6.8 Weighing	preparation	2.6 Reach and maintain a healthy weight
2.9 1.9 Get mentally healthy  3.1 Nausea 3.2 Vomiting 3.3 Acidity 3.4 Vertigo 3.5 Constipation 3.6 Headache 3.7 Backache 3.8 Edema  4.1 Vaginal bleeding 4.2 Severe nausea or vomiting 4.3 Decreased movements of the baby 4.4 Fever 4.5 Severe abdominal pain 4.6 Suspected ruptured membrane 4.7 Seizures 4.8 Shock  5. Assisted delivery procedures  5.1 Maternal vital sign 5.2 Fetal monitoring  6.1 Drying and stimulating 6.2 Assessing breathing 6.3 Cord care 6.4 Skin to skin contact 6.5 Initiating exclusive breastfeeding 6.6 Eye care 6.7 Vitamin K provision 6.8 Weighing		2.7 Get help for violence
3.1 Nausea 3.2 Vomiting 3.3 Acidity 3.4 Vertigo 3.5 Constipation 3.6 Headache 3.7 Backache 3.8 Edema 4.1 Vaginal bleeding 4.2 Severe nausea or vomiting 4.3 Decreased movements of the baby 4.4 Fever 4.5 Severe abdominal pain 4.6 Suspected ruptured membrane 4.7 Seizures 4.8 Shock  5. Assisted delivery procedures  5.1 Maternal vital sign 5.2 Fetal monitoring  6.1 Drying and stimulating 6.2 Assessing breathing 6.3 Cord care 6.4 Skin to skin contact 6.5 Initiating exclusive breastfeeding 6.6 Eye care 6.7 Vitamin K provision 6.8 Weighing		2.8 Learn your family history
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6.7 Vitamin K provision 6.8 Weighing		6.5 Initiating exclusive breastfeeding
6.8 Weighing		6.6 Eye care
		6.7 Vitamin K provision
7. Breastfeeding 7.1 Crack nipple		6.8 Weighing
··· 2.1 Clack inppie	7. Breastfeeding	7.1 Crack nipple
difficulties 7.2 Breast abscess	difficulties	7.2 Breast abscess

	7.3 Flat nipple
	7.4 Engorged breast
	6.9 Inverted nipple
	8.1 When to start using contraception after birth
8. Contraceptive after	8.2 Does breastfeeding work as contraception
delivery	8.3 Contraception that is safe if you are breastfeeding
	8.4 Choosing contraception after giving birth
	9.1 Umbilical cord care is provided
	9.2 Neonatal Bath
	9.3 Diaper change
9. Neonatal care	9.4 Sunlight care
	9.5 Neonatal vaccination
	9.6 Danger sign during neonatal period
	9.7 Management of specific conditions
10 Specific	10.1 Respiratory conditions
10. Specific condition of	10.2 Neurologic conditions
	10.3 Hematology
newborn	10.4 Cardiac
	10.5 Infectious diseases
	11.1 Physical
11. Types of	11.2 Mental
Violence	11.3 Controlling
	11.4 Sexual assault
Evidence Guide	4

#### **Evidence Guide**

The evidence must be authentic, valid, sufficient, reliable, consistent, recent and meet all requirements of current version of the Unit of Competency.

Critical aspects of competency	<ul><li>1.1 Provided pregnancy care</li><li>1.2 Supported in breast feeding</li><li>1.3 Supported in maternity care</li></ul>
2. Underpinning knowledge	<ul> <li>2.1 Danger signs during pregnancy</li> <li>2.2 Newborn, neonatal</li> <li>2.3 Danger signs for newborns</li> <li>2.4 Labor period</li> <li>2.5 Breastfeeding Position and Latch</li> <li>2.6 Maternity</li> <li>2.7 Neonatal</li> </ul>
3. Underpinning skills	<ul><li>3.1 Assessing pre-pregnancy risk</li><li>3.2 Following doctor's advice</li><li>3.3 Reporting violence</li></ul>

	4.1 Commitment to occupational safety and health.
	4.2 Promptness in carrying out activities.
	4.3 Sincere and honest to duties.
4. Required attitudes	4.4 Eagerness to learn.
	4.5 Tidiness and timeliness.
	4.6 Environmental concerns.
	4.7 Respect for rights of peers and seniors at workplace.
	4.8 Communicate with peers and seniors at workplace.
	The following resources must be available:
5 Deserves implication	5.1 Workplace (actual or simulated)
5. Resource implication	5.2 Facilities, equipment, supplies and materials relevant to the unit
	of competency.
	Methods of assessment may include but not limited to:
C Mada da ef	6.1 Written test
6. Methods of	6.2 Demonstration
assessment	6.3 Oral questioning
	6.4 Portfolio/case study
	7.1 Competency assessment must be done in NSDA accredited
7. Context of	assessment centre.
assessment	7.2 Assessment should be done by a NSDA certified/nominated
	assessor.

#### **Development of Competency Standard by Technical Sub-Committee**

The Competency Standards for National Skills Certificate in **Caregiving for persons with special needs** Standard is Developed by the Technical sub-committee of NSDA on June 13–21, 2021.

**Respectable members:** 

1100	pectable members.	
1.	Alif Rudaba, Member (Planning & Skills Standard) Joint Secretary, National Skills Development Authority	Chairperson
2.	Brig. Ge. (Rtd.) Md Bashidul Islam, Chairman, CIB Foundation, 0171130914	Member
3.	Dr. Nowsheen Sharmin Purabi, Chairperson, Live Healthy Foundation, dr.purabi@yahoo.com, 01911357465	Member
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7.	. Dr. W Reza, Head of Training, CIB Foundation, <a href="mailto:drwreja@gmail.com">drwreja@gmail.com</a> , 01911314551	Member
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18.	Saida Khanam, Assistant Director (Skills Standard), National Skills Development Authority, ad.skillsstandard@nsda.gov.bd, +8801763083438	Member

# Validation of Competency Standard by Standard and Curriculum Validation Committee

The Competency Standards for National Skills Certificate in **Caregiving for persons with special needs** Standard is validated by SCVC on June 23-24, 2021.

## **Respectable members of the SCVC:**

1.	Mirza Nurul Gani Shovon, Chairman, Informal Sector ISC	Chairperson
2.	Mst. Benuara Khatun, Deputy Director (Day care), Department of Women Affairs, Bangladesh.	Member
3.	Md. Mostafizur Rahman, Deputy Director, Department of Social Services, Bangladesh.	Member
4.	Brig. Ge. (Rtd.) Md Bashidul Islam, Chairman, CIB Foundation, 0171130914	Member
5.	Dr. Nowsheen Sharmin Purabi, Chairperson, Live Healthy Foundation, dr.purabi@yahoo.com, 01911357465	Member
6.	Sk. Moniruzzaman, Associate Professor and head Department of OT, Bangladesh Health Professional Institute (BHPI).	Member
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